PACIFIC. AUTHENTIC. RICHMONDBC DISCOVER FAMILY FUN

Travelling with kids and looking for inventive ways to keep the whole family entertained? Here's our road-tested, child-friendly itinerary for two amazing days out in the city.

DAY 1

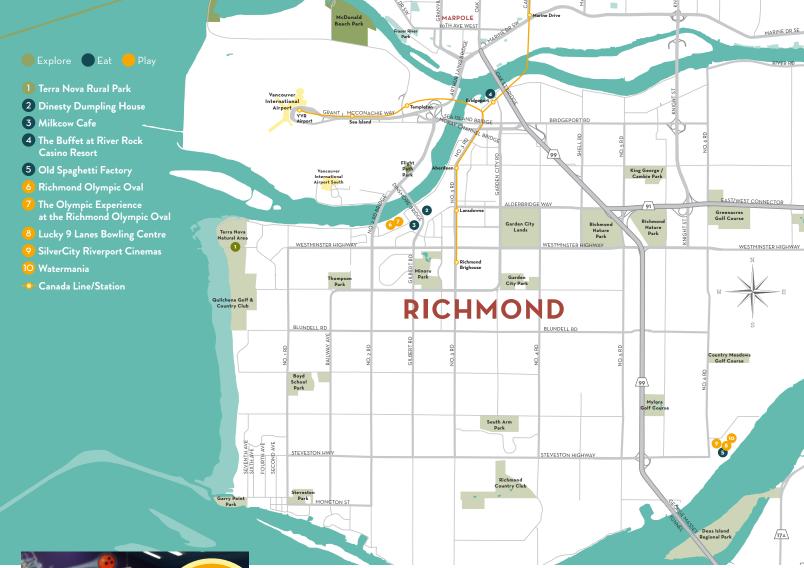
After breakfast, take your family to the landmark **Richmond Olympic Oval** (3), the city's official 2010 Olympic Winter Games venue. Start at the site's **Olympic Experience** (7), perusing cool medals, torches, and mascot displays before testing your skills on state-of-the-art kayak, bobsleigh, and ski jump simulators. Then try the real thing: the Oval offers drop-in options for sports like indoor climbing and ice skating, so there are plenty of ways for your kids to have fun and work up a sweat here (2 - 3 hours). After all that exercise, it's time to refuel. Richmond's famously diverse restaurant scene serves up plenty of menu choices for even the fussiest of junior diners. But if you're keen to introduce your kids to some authentic Asian cuisine, **Dinesty Dumpling House** (2) is just a five-minute walk away on Gilbert Road—potstickers and fried rice recommended (1 hour). If there's room for more, **Milkcow Cafe** (3) is just around the corner. It's a quirky, Korean dessert spot where soft-serve ice cream is topped with everything from jellybeans to cotton candy (30 minutes).



Next up, spend the afternoon at one of the region's best playgrounds (2 - 3 hours).

DUMPLING HOUSE

> Terra Nova Rural Park (1) is a nature lover's paradise of easy trails and cool birding opportunities (look for eagles whirling above). But its unique Adventure Play Environment, complete with swings, ziplines, and a hill slide, is a must-do for families. Once everyone is tired and hungry, dinner is just a 15-minute drive away at The Buffet at River Rock Casino Resort (4), with special pricing for children (1 hour).







DAY 2

After a leisurely hotel breakfast, hop in the car for a visit to the **Riverport Entertainment District**. There's a wide range of activity options here—which means you'll easily find something for you and your kids to enjoy. Bowling fans will love the popular **Lucky 9 Lanes Bowling Centre** (3), which has both 5-pin and 10-pin options (plus a well-equipped arcade) and is perfect for participants of all ages and skill levels. You can also enjoy lunch here, with pizzas, cheeseburgers, and ice cream sandwiches on the kid-friendly menu (1 – 2 hours).

Alternatively, if there's a new movie your children really want to catch, take them to the nearby **SilverCity Riverport Cinemas** (2), complete with multiple screens and an eyepopping IMAX theatre (2 hours).

But if you really want to make sure they sleep well back at the hotel, head to the city's beloved **Watermania** attraction ^(D). Alongside its competition pool, diving tower, and dual springboards, this swimming complex is full of colourful, kid-friendly features. Enjoy two waterslides, the wave pool, and some interactive sprayers and water wheels—and expect your children to beg for a longer stay (1 - 2 hours).

Once they're tired out, though, dry off and head for dinner. An easy five-minute walk away, children of all ages will enjoy eating at the **Old Spaghetti Factory 5**. There's a great-value kids' menu here that includes items like chicken dippers or spaghetti and meatballs—with a starter, drink, and ice cream included (1 hour).